



PHYSICIANS MEDICAL FORUM®

"The ultimate reason to become a medical doctor is to help people. PMF is in this business"

2026 DOCTORS ON BOARD® PROGRAM

PROGRAM SCHEDULE

SATURDAY, APRIL 25, 2026

VIRTUAL WORKSHOPS

8:30 – 9:00 AM

Virtual Log-in

9:00 – 9:30 AM

Welcome, Opening, Overview

- Stalfana A. Bello, M.P.A., Executive Director & Doctors On Board Program Conference Coordinator
- Albert L. Brooks, M.D., President
- Warren J. Strudwick, Jr., M.D., M.B.A., CFO
- Carolyn Washington, Virtual Program Coordinator
- Tracey Broadhead White, Esq., Virtual Program Coordinator
- Board Members, Physicians Medical Forum

9:35 – 10:55 AM

Association of American Medical Colleges (AAMC):

Getting into Medical School/Road Map to Medical School
(Presentation followed by Q&A with students)

Speaker:

- Candice Pantor, Manager, Admissions Communication

10:55 – 11:00 AM

Break

11:00 AM – 12:45 PM

Overview of Princeton Review Resources:

Princeton Review: MCAT Overview and Updates
Princeton Review: SAT vs ACT Overview and Updates
(Presentation followed by Q&A with students)

Speakers:

- Tiffany G. Sydlik, Director, University Partnerships
- Coleen McGuire, Campus Partnerships Manager

12:45 – 1:00 PM

Break

1:00 – 1:45 PM

Communications 101 – Best Practices to Achieve Your Goals

(Presentation followed by Q&A with students)

Speakers:

- J. Renee Navarro, M.D. PharmD,
Vice Chancellor, Opportunity and Outreach
Board of Director, Physicians Medical Forum
- Stalfana A. Bello, M.P.A., Executive Director
Physicians Medical Forum
- Medical Students

1:45 – 2:00 PM

Closing Remarks & Overview for Program on Sunday

- Location:
Sequoyah Country Club
4550 Heafy Road, Oakland, CA
- Schedule Overview
- Attire, Meals, Direction, Parking and More
- Review of Mentoring/Networking Session and Mock Clinics/Demonstrations
- Parents/Family of Future Doctors Workshop
- Awarding of Certificates of Completion followed by Reception

SUNDAY, APRIL 26, 2026

IN PERSON

SEQUOYAH COUNTRY CLUB • 4550 HEAFEY RD, OAKLAND, CA 94605

9:00 – 10:00 AM

Greetings, Check-in and Light Breakfast

Sequoyah and Bayview Room

10:00 – 10:30 AM

Opening Remarks and Program Overview

10:30 – 11:45 AM

Mentoring/Networking Session

Bayview Room

Moderator:

- Alden (Chip) McDonald, M.D.
Interventional Cardiology,
Director of Inclusion and Belonging, Sutter East Bay Medical Group
Mentoring & Networking with Physicians, Residents, Medical Students and Mentors

11:45 AM – 12:00 PM Break

12:00 – 1:30 PM

Mock Clinics/Demonstrations: Anatomy, Primary Care, Suture/Surgery followed by Discussion, Evaluation and Conclusion

Bay View Room

Moderator:

- Warren J. Strudwick, Jr., M.D., M.B.A.
Orthopedic Surgery and Sports Medicine
CFO, Physicians Medical Forum
Mock Clinics/Demonstrations with Physicians, Residents, Medical Students and Mentors

12:00 – 1:30 PM

Workshop: Guide to Parents and Families of Future Doctors

Sequoyah Room

Moderators:

- Carol Miller, M.D., Pediatrics (Ret.)
Pediatrics, University of California, San Francisco School of Medicine
Board of Directors, Physicians Medical Forum
- Charlene K. Green, PsyD.
Assistant Dean of Admissions Outreach and Diversity
University of California, Davis School of Medicine

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Physicians Medical Forum 2026 Team Members Doctors On Board Program

Stalfana A. Bello, M.P.A., Executive Director & Conference Coordinator
Carolyn Washington, CCP, Program Coordinator and Virtual Coordinator
Tracey Broadhead White, Esq., Virtual Coordinator
Donna Tate, Web & Graphics Developer
Divana Hayes, Program Administrative Assistant
Justin Byrdie, Outreach and Conference Assistant
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