



# PHYSICIANS MEDICAL FORUM®

"The ultimate reason to become a medical doctor is to help people. PMF is in this business"

## 2025 DOCTORS ON BOARD® PROGRAM and INTERNSHIP

### PROGRAM SCHEDULE

**SATURDAY, APRIL 26, 2025**

**VIRTUAL WORKSHOPS**

**8:30 – 9:00 AM**

**Virtual Log-in**

**9:00 – 9:30 AM**

#### **Welcome, Opening, Overview**

- Stalfana A. Bello, M.P.A., Executive Director & Doctors On Board Program Conference Coordinator
- Albert L. Brooks, M.D., President
- Warren J. Strudwick, Jr., M.D., M.B.A., CFO
- Carolyn Washington, Virtual Program Coordinator
- Tracey Broadhead White, Esq., Virtual Program Coordinator
- Board Members, Physicians Medical Forum

**9:35 – 10:55 AM**

#### **Association of American Medical Colleges (AAMC):**

**Getting into Medical School/Road Map to Medical School**  
(Presentation followed by Q&A with students)

Speakers:

- Nia Brown  
Senior Communication and Outreach Specialist
- Candice Pantor  
Manager, Admissions Communications

**10:55 – 11:00 AM**

**Break**

**11:00 AM – 12:45 PM**

#### **Overview of Princeton Review Resources:**

Princeton Review: MCAT Overview and Updates

Princeton Review: SAT vs ACT Overview and Updates

(Presentation followed by Q&A with students)

Speakers:

- Coleen McGuire, National Undergrad Partnership Team Manager, Princeton Review

**12:45 – 1:00 PM**

**Break**

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**1:00 – 2:00 PM**

**Communications 101 – Best Practices to Achieve Your Goals**

(Presentation followed by Q&A with students)

Speakers:

- Stalfana A. Bello, M.P.A., Executive Director  
Physicians Medical Forum
- Stephanie Lawless  
Clinical Research Coordinator  
University of California, San Francisco School of Medicine  
Research – Hematology/Oncology - Myeloma  
Post Baccalaureate, California State University, East Bay  
Candidate for Medical School, 2025 - 2026

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**2:00 – 2:30 PM**

**Closing Remarks & Overview for Program on Sunday**

- Mentoring Sessions and Mock Clinics
- Location:  
Samuel Merritt University - Health Education Center  
400 Hawthorne Avenue, Oakland, CA 94609 (Next to Summit Hospital)
- Review:  
Schedule, Attire, Meals, Directions, Parking and more
- Update:  
Parent/Family of Future Doctors Workshop  
Awarding of Certificate of Completion and Reception

**SUNDAY, APRIL 27, 2025**

**MENTORING LUNCHEON AND MOCK CLINICS – IN PERSON**

**SAMUEL MERRITT UNIVERSITY - HEALTH EDUCATION CENTER**

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**9:00 – 10:00 AM**

**Registration Check-in and Light Breakfast**

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**10:00 – 10:30 AM**

**Opening and Program Overview**

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**10:30 – 11:30 AM**

**Mentoring and Dialogue: Physicians, Medical Students, Mentors**

Moderators:

- Alden (Chip) McDonald, M.D.  
Interventional Cardiology,  
Sutter Health East Bay Medical Group
- Regina Stokes Offodile, M.D., MMHC, MHPE, MSPH  
Associate Dean of Student Affairs and Admission  
Charles R. Drew University of Medicine and Science

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**11:30 AM – 12:30 PM**

**Mentoring Luncheon:  
Students with Doctors, Medical Students and Mentors**

<b>12:30 – 12:45 PM</b>	<b>Students Transition to Mock Clinics</b>
<b>12:45 – 2:00 PM</b>	<b>Mock Clinics - Primary Care, Surgery Specialties and Anatomy Clinics</b>
<b>12:45 – 2:00 PM</b>	<b>Workshop: Guide to Parents and Families of Future Doctors</b> Speakers: <ul style="list-style-type: none"> <li>• Carol Miller, M.D., Pediatrics (Ret.) Pediatrics, University of California, San Francisco School of Medicine Board of Directors, Physicians Medical Forum</li> <li>• Charlene K. Green, PsyD. Assistant Dean of Admissions Outreach and Diversity University of California, Davis School of Medicine</li> </ul>
<b>2:00 – 2:15 PM</b>	<b>Students Transition from Mock Clinics to Closing</b>
<b>2:15 – 3:00 PM</b>	<b>Closing Ceremony and Awarding Students Certificates of Completion</b>

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## **Physicians Medical Forum Board of Directors**

Albert L. Brooks, M.D., President  
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Stalfana A. Bello, M.P.A., Ex-Officio

## **Physicians Medical Forum 2025 Team Members Doctors On Board Program & Community Health Internship**

Stalfana Bello, M.P.A., Executive Director & Conference Coordinator  
Carolyn Washington, CCP, Program Coordinator and Virtual Coordinator  
Julie Shields Strane, Program Coordinator  
Donna Tate, Web & Graphics Developer  
Divana Hayes, Program Administrative Assistant  
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