



# PHYSICIANS MEDICAL FORUM®

"The ultimate reason to become a medical doctor is to help people. PMF is in this business"

## 2023 DOCTORS ON BOARD® PROGRAM and COMMUNITY HEALTH INTERNSHIP

### PROGRAM SCHEDULE

Virtual Workshops - Saturday, March 25 and Sunday March 26, 2023  
In-Person Mentoring Luncheon, Mock Clinics and Closing Ceremony - Sunday, April 2, 2023

**SATURDAY, MARCH 25, 2023**

**VIRTUAL WORKSHOPS**

**9:30 – 10:00 AM Virtual Log-in**

**10:00 – 10:30 AM Welcome, Opening, Overview**

- Stalfana A. Bello, M.P.A., Executive Director, Physicians Medical Forum
- Albert L. Brooks, M.D., President, Physicians Medical Forum
- Warren J. Strudwick, Jr., M.D., M.B.A., CFO, Physicians Medical Forum
- Carolyn Washington, Virtual Program Coordinator, Physicians Medical Forum
- Julie Strane, Virtual & Outreach Program Coordinator, Physicians Medical Forum
- Board Members, Physicians Medical Forum

**10:30 – 11:30 AM Communications 101 – Best Practices to Achieve your Goals**

(Presentation followed by Q&A with Students)

- Moderator: Stalfana A. Bello, M.P.A.

Workshop Panel:

- Dana Abdelgadir, Post Baccalaureate,  
University of California, Davis School of Medicine  
Candidate for Medical School, 2023
- Donna Carey, M.D., Pediatrics  
Medical Director, Case Management  
Alameda Alliance for Health
- Marcella Anthony, M.P.A.  
Assistant Director, Undergraduate Outreach, Recruitment and Engagement  
Stanford Medicine Office of Diversity in Medical Education (ODME)  
Program Director, Leadership Education for Aspiring Physicians  
Stanford University, School of Medicine

**11:30 – 11:35 AM Break**

**11:35 – 1:00 PM Your Education Plan to Become a Doctor**

(Presentation followed by Q&A with Students)

- Speaker: Brandon D. Brown, M.S. Ed. Ph.D.  
Candidate, Higher Education Leadership & Policy Studies, Howard University Formerly  
with American Association of Medical Colleges (AAMC)

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## Overview of Princeton Review Resources

(Presentation followed by Q&A with Students)

**11:35 – 12:15 PM**

Princeton Review: SAT vs ACT Overview and Updates

- Tiffany Sydlik, Market Director Princeton Review, Outreach/Pacific & Southwest

**12:15 – 1:00 PM**

Princeton Review: MCAT Overview and Updates

- Kristine Cather, Market Manager Princeton Review

**1:00 – 1:15 PM**

**Break**

**1:15 – 2:30 PM**

## Building Healthy and Strong Relationships Essentials all students should know

(Presentation followed by Q&A with Students)

- Speaker: Tracey Broadhead, Esq.  
Executive Director, California and One Love Foundation Team

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**2:30 – 3:00 PM**

**Closing Remarks**

**SUNDAY, MARCH 26, 2023**

**VIRTUAL WORKSHOPS**

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**9:30 – 10:00 AM**

**Virtual Log-in**

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**10:00 – 10:30 AM**

**Opening and Program Overview**

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**10:30 – 12:00 PM**

## Workshop with Medical Students

(Presentation followed by Q&A with Students)

- Moderator: Charlene K. Green, PsyD  
Assistant Dean of Admissions,  
Outreach, and Diversity, University of California, Davis, School of Medicine

Workshop Panel:

- Jesslyn McGee, Medical Student, University of California, Davis, School of Medicine
- Cyrus Buckman, Medical Student, Stanford University School of Medicine
- Carleigh Williams, Medical Student, University of California,  
San Francisco School of Medicine
- Aliyah Parker, Medical Student, University of California, Davis, School of Medicine

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**12:00 – 12:15 PM**

**Break**

**12:15 – 2:00 PM**

## Workshop: Dialogue with Physicians

(Presentation followed by Q&A with Students)

- Moderator: Carol Miller, M.D.  
Pediatrics UCSF School of Medicine,  
Board Member, Physicians Medical Forum

Workshop Panel:

- Laura Minikel, M.D., OB/GYN, Kaiser Permanente
- Warren J. Strudwick, Jr., M.D., M.B.A., Orthopedic Surgery and Sports Medicine
- Albert L. Brooks, M.D., OB/GYN (Ret.) President and Chief Medical Officer, Washington Township Medical Group and of Washington Township Medical Foundation
- Katrina D. Peters, M.D., M.P.H., Forensic Psychiatry, Associate Clinical Professor, University of California, San Francisco School of Medicine

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**2:30 – 3:00 PM**

**Closing Remarks and Info on Mock Clinics & Next Steps**

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**8:30 – 10:00 AM**    **Check-in**

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**10:00 – 11:00 AM**    **Welcome and Overview**

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**11:30 – 12:30 PM**    **Mentoring Luncheon: students with doctors, residents, medical students**

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**12:30 – 2:30 PM**    **Mock Clinics - Primary Care, Surgery Specialties and Medical Specialties**

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**12:30 – 2:00 PM**    **Workshop: Guide to Parents and Families of Future Doctors**

Moderators:

- Stacey D. Gambrell Hunt, M.D., Dermatology  
Kaiser Permanente
- Thurman E. Hunt, M.D., M.B.A  
Anesthesiology, Medical Director of Respiratory Care Services  
Highland Hospital, Alameda County Health System

Workshop Panel:

- Daniel Woolridge, M.D., M.P.H., M.S.  
UCB - UCSF Joint Medical Program (JMP), Faculty  
University of California, Berkeley
- Christopher Scippio, Medical Student, University of California, Davis, School of Medicine

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**2:30 – 3:30 PM**    **Doctors on Board Certificates and Awards Ceremony**

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## Physicians Medical Forum Board of Directors

Albert L. Brooks, M.D., President  
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Thurman E. Hunt, M.D., M.B.A., Director  
Stalfana A. Bello, M.P.A., Ex-Officio

## Physicians Medical Forum 2023 Team Members Doctors On Board Program & Community Health Internship

Stalfana Bello, M.P.A., Executive Director & Conference Coordinator  
Carolyn Washington, CCP, Program Coordinator and Virtual Coordinator  
Julie Strane, Program Coordinator and Virtual Coordinator  
Donna Tate, Web Developer  
Divana Hayes, Program Administrative Assistant  
Dana Abdelgadir, Project Coordinator  
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