FINDING THE PERFECT FIT PRIMARY CARE & SPECIALTY CARE

Italo M. Brown, MD MPH Emergency Medicine Physician – Bronx NY Tour for Diversity in Medicine Mentor SO YOU WANNA
PRACTICE
MEDICINE...

...NOT SO FAST.



Think to yourself...



What do YOU want to do?



What are your options?

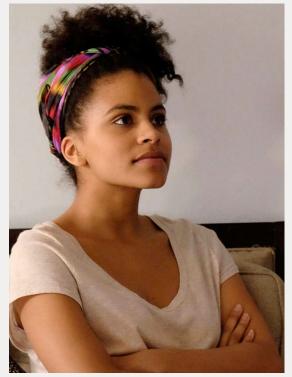
To cut or not to cut?

Old vs. young vs. everyone?

People vs. no people?

Inpatient vs. outpatient?





Primary Care



First Contact & Continuity of Care



Core disciplines

Internal Medicine Family Medicine Pediatrics Gynecology



Typically 3 – 4 years of training



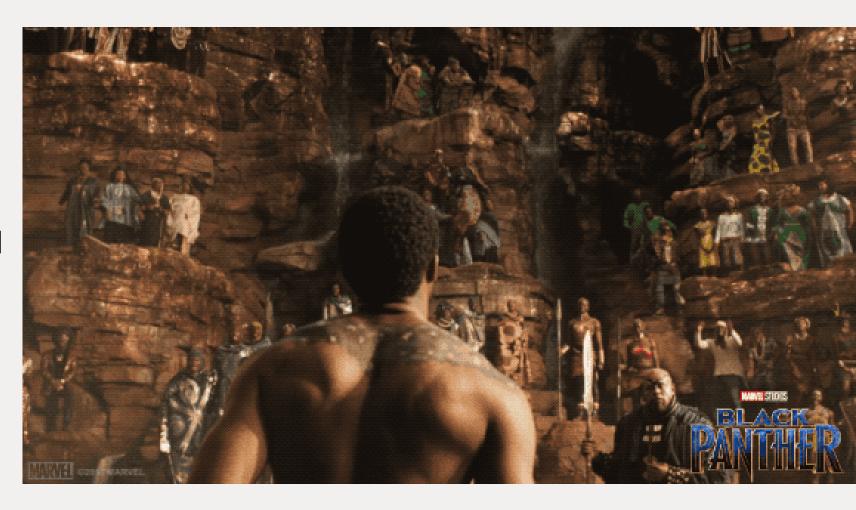
Eligible for loan forgiveness programs



Base pay **\$160K** - **\$250K**

Internal Medicine

- Sees ONLY ADULTS
- Prevention, diagnosis and treatment of diseases
- Clinic + Wards, no OR
- Flexible hours
- Opportunities
 - Subspecialty Care





Family Medicine

- Sees Everybody
- General health management of all ages
- Clinic, +/- Wards, no OR
- Flexible hours
- Opportunities!

Pediatrics

- Sees *newborns to age 21*
- General health management
- Clinic, +/- Wards, no OR
- Flexible hours
- Opportunities
 - Subspecialty Care





Obstetrics and Gynecology (OB-GYN)

- Hybrid | PCP + Surgeon
- Complete care of the female patient
- Clinical Work, + Wards, +/- OR
- Lots of opportunities
 - Subspecialty Care

Specialty Field



Focused on a defined organ system or population



Typically involves invasive care



Requires MORE training (4 – 7 years)



May require research



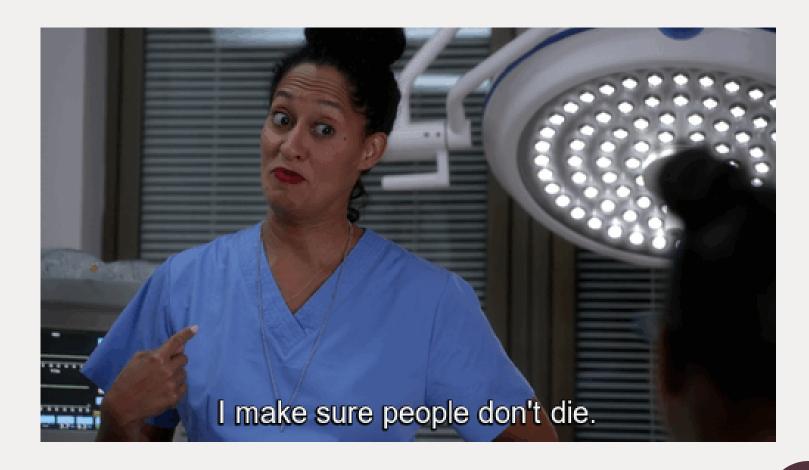
Base pay \$300K - \$600K

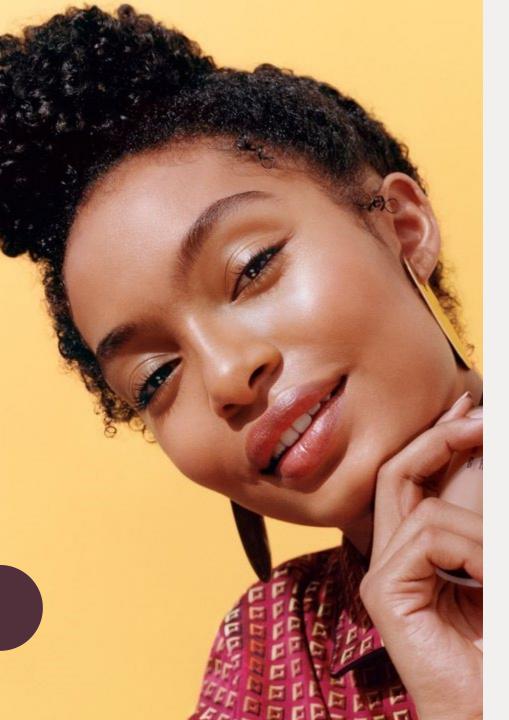


Not eligible for loan forgiveness

An esthesiology

- Manages entire care before, during and after surgery
- Mostly sees adults
- Manages difficult airway issues
- Does not do clinical work or wards
- Well-compensated





DERMATOLOGY

- Manages disorders of the skin, hair and nails
- Sees adults and kids
- Clinic, no wards or OR
- Highly competitive due to lifestyle
- Very well-compensated

Emergency Medicine

- Addresses any injuries/illnesses requiring immediate attention.
- Sees everyone. I mean EVERYONE.
- Hybrid | Primary care + Surgery
- No clinic, no wards, no OR.
- Flexible; Well-compensated
- Opportunities galore!





Neurology & Neurosurgery

- Manages disorders of the nervous system
- Neurosurgery = Intervention & Repair
- Sees adults and kids
- Neurology = No OR; Neurosurgery = OR primarily
- Bread & butter
 - Neuro: Headaches, Strokes & Seizures
 - Neurosurgery: Brain-bleeds & Tumors
- Cool stuff all the time

OPHTHALMOLOGY

- Diagnosis and treatment of eye disorders.
- Clinic and OR, +/- wards
- Highly competitive
- Very well-compensated





Orthopedic Surgery

- Bones, Joints, Tendons, Ligaments
- Sees adults and kids
- Works with hands
- OR + Clinic, +/- Wards
- Very Well-Compensated
- Cool Stuff all the time

Otolaryngology (ENT)

- All things related to the Ear, Nose, and Throat
- Sees adults and kids
- Use cool devices
- Clinic + OR, +/- Emergency settings
- Very Well-compensated





Pathology

- Examines samples of body tissue for diagnostic or forensic purposes
- Sees adults and kids
- In the lab primarily
- Well-compensated
- Opportunities

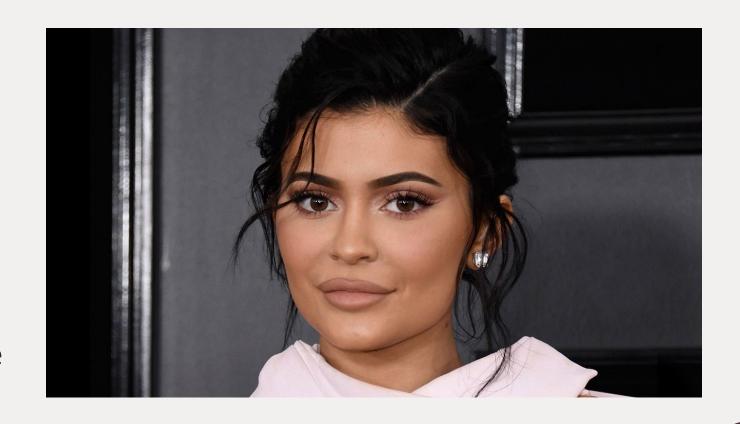
Physical Medicine & Rehabilitation

- Improving mobility and restoring physical quality of life
- Mostly adults
- Clinic primarily
- Flexible hours
- Well-compensated
- Opportunities



Plastic Surgery

- Restores, reconstructs and alters the human body
- Sees Everybody
- Clinic, +/- Wards, no OR
- Highly competitive due to lifestyle
- Very well-compensated
- Opportunities galore!



Psychiatry

- Addresses mental and psychological conditions
- Sees adults and kids
- Not Psychologists or Therapists
- CLINIC, +/- Wards
- Flexible
- Well-compensated



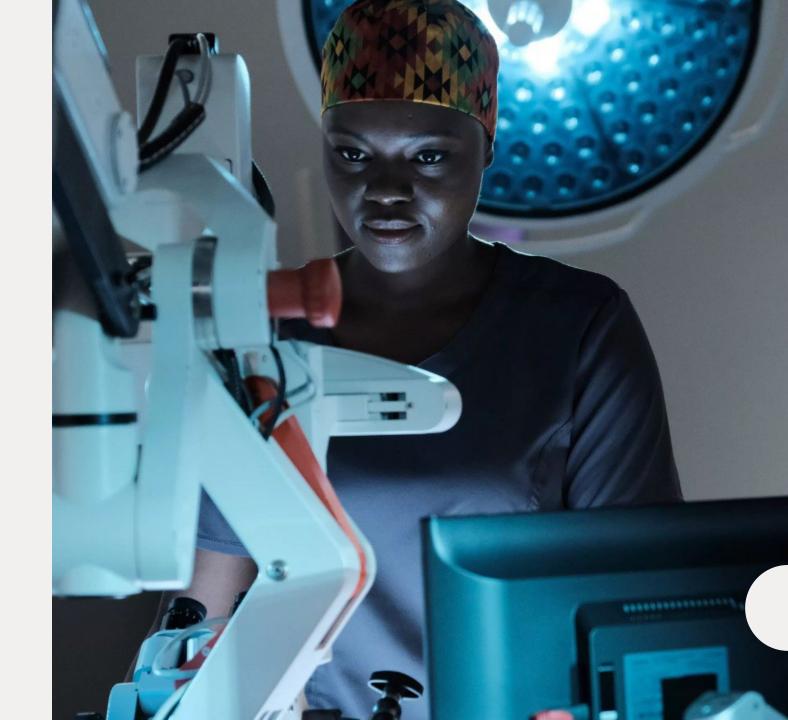
MY THUMB MUST HAVE COVEREDUP THE CRAYON EVERY TIME.

Radiology

- Uses medical imaging to diagnose and treat diseases
- Sees Everybody...but not inperson.
- Radiology suite...but can work remotely.
- Flexible hours
- Well-compensated
- Opportunities!

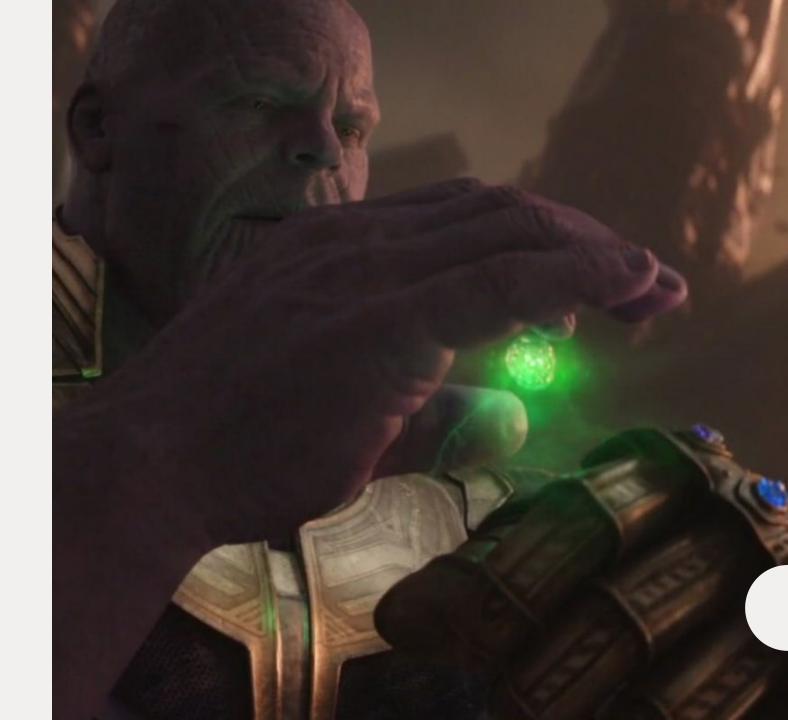
General Surgery

- Treats medical conditions involving many organ systems
- Provides operative management
- Sees adults and kids
- OR + Clinic + Wards
- Well-compensated
- Opportunities
 - Sub-specialties



Urology (GU)

- All things related to the genitourinary system
- Sees adults primarily, but can see kids
- OR + Clinic, rarely wards
- Bread & Butter = Kidney stones & Male issues (i.e. Vasectomies)
- Very Well-compensated



Outside the Box



Public

Health



Administration



Health Policy



Academic Medicine



Media/Journalism



Consulting



Concierge

So now that you know the landscape...

